

# 2023 Western Conference on Safety

## Monday May 1st, 2023

- 7:00 am**    **Registration Opens.** *Regency Foyer (3rd floor)*
- 7:30am**    **Tradeshow Opens** *Regency Ballroom "A" and Balmoral Room (3rd floor)*
- 8:30—10:00am**    **Opening Ceremonies & Keynote:** "Change Ready: How the Best Thrive During Extreme Change" Dr. Mark DeVolder : *Regency Ballroom "D" (3rd Floor)*
- 10:00—10:30am**    **Coffee Break and Tradeshow Viewing**
- 10:30—11:45am**    **2A:** "Psychological Health & Safety in the Workplace" - Lucette Wesley, Canadian Mental Health Association *Plaza Ballroom (2nd floor)*
- 2B:** "Dealing with Difficult People" - Gary McDougall, Conflict Solutions: *Regency Ballroom "D" (3rd Floor)*
- 2C:** "Fake News & False Systems Kill People and You May Have Them in Your Organization" - Corrie Pitzer, SAFEmap. *Oxford Room (3rd flr by elevators)*
- 2D:** "Workplace Safety Inspections" - Norm Ralph, Apex Abilities. *Georgia Ballroom (2nd Floor)*
- 11:45—1:15pm**    **Lunch & Safety Tradeshow (On Own for Lunch)**
- 1:15—2:45pm**    **3A:** "Understanding & Conducting Risk Assessment" - Brian Campbell, BC Fed Health & Safety Centre. *Plaza Ballroom (2nd floor)*
- 3B:** "Emergency Response Planning—Drills: Really? I'm An Adult" Steve Wallace. *Oxford Room (3rd flr by elevators)*
- 3C:** "Safety Committees: Beauty or Beast?" Cathy Cook, Safe Harbour Consulting *Georgia Ballroom (2nd Floor)*
- 3D:** "Intro to Mental Health in the Workplace" - Laurie Lowes: *Regency Ballroom "D" (3rd Floor)*
- 2:45—3:15pm**    **Coffee Break & Safety Tradeshow (Tradeshow closes at 3:30pm)**
- 3:15—4:30pm**    **4A:** "New & Young Worker Training & Orientation: Moving Beyond the Checklist" - Robin Schooley, Young & New Worker Program, WorkSafeBC. *Plaza Ballroom (2nd floor)*
- 4B:** "Systems Thinking—A Novel Approach to Safety Management" - Glyn Jones, EHS Partnerships Ltd *Regency Ballroom "D" (3rd Floor)*
- 4C:** "The Truth Behind Our Ill Fitting PPE: An Issue of Safety, Health and a Strong Workforce" - Jodi Heuttner, Helga Wear Inc. *Oxford Room (3rd flr by elevators)*
- 4D:** "Tiptoeing Through Pandemic, Fires, Floods: A Conversation About Stress, Fatigue and Resilience"—Mike Harnett, Solaris Fatigue Management *Georgia Ballroom (2nd Floor)*

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# Monday Keynote

## **Change Ready: How the Best Thrive During Extreme Change**

Monday May 1, 2023, 9:00—10:00 am: Regency Ballroom “D” (3rd Floor)

Hazards and obstacles abound in the fast and frenzied pace of business today. In the rush to stay competitive, people are increasingly tempted to take short cuts and sacrifice safety. The most common barrier, however, is actually change itself. Some employees feel paralyzed by change, and when they feel paralyzed, they disengage. Without the ability or capacity to change, accidents can happen.

In this high-energy presentation your team will learn mindsets and behaviours to embrace change, anticipation, safety innovation as well as increase resilience and capacity during change.



Dr. Mark DeVolder is a Change Management Specialist, International Consultant, Award Winning Speaker and Author. Mark is one of today's original thinkers on transitions and is a frequent presenter at management meetings around the world. He has worked with many Fortune 500 companies and industry leaders like NASA, Medtronic, MacDonald's, Siemens, PepsiCo and Qatar Petroleum. Mark received the Top 5 Speaker Award in Business Management, Top 10 Speakers in Change Management, and the Top 25 Speakers Award. For more information on Dr. DeVolder visit his website at <https://markdevolder.com>

## **Session Block 2: Monday May 1, 2023 10:30—11:45am**

### **Session 2A: Plaza Ballroom (2nd Floor)**

#### **Psychological Health and Safety in the Workplace**

Learn how to promote mental health and address mental illness, including addiction, in the workplace from a health and safety perspective. This session includes a review of local policies or regulations, and provides an overview of National Standard of Canada for Psychological Health and Safety in the Workplace.

Speaker: Lucette Wesley, Canadian Mental Health Association, Vancouver BC

### **Session 2B: Regency Ballroom "D" (3rd floor)**

#### **Dealing with Difficult People**

This session delivers an understanding of why difficult people act as they do and provides you with tools for addressing those difficult situations. When you encounter a reasonable person acting unreasonably, there are several highly effective strategies for restoring the relationship to a productive and functional state. Gain the tools to control your own emotional responses and also show you ways in which you can manage the other person effectively. If you have frequent interactions with difficult people, this session is for you.

Speaker: Gary McDougall, Conflict Solutions, Calgary Alberta

### **Session 2C: Oxford Room: (3rd Floor by Elevators)**

#### **Fake News and False Systems Kill People and You May Have Them In Your Organization**

Many organizations in recent history suffered catastrophic events or significant surges in serious events, despite the fact they reported 'exemplary' safety performance prior to these events. Something is seriously wrong if this happens, and this session will contend that safety has become a victim of its own success, with show-casing and grandstanding of companies, based on safety data that can be fudged. This presentation will expose fake news and false concepts in safety. It will challenge your deep-seeded beliefs and understanding in safety. It exposes several safety interventions, concepts or programs that are widely accepted and used and shows the flaws and dangerous consequences in each of them.

Speaker: Corrie Pitzer, CEO, SAFEmap International

### **Session 2D: Georgia Ballroom (2nd Floor)**

#### **Workplace Safety Inspections**

Looking for tips on how to conduct your safety inspections? Trying to get more participation or response from the people in your workplace? This is the session for you. Learn how to plan and conduct successful safety inspections, rate hazards and get advice on implementation. This is a great session for safety committees, supervisors or anyone responsible for doing safety inspections in the workplace.

Speaker: Norm Ralph, CRSP, CDMP, CHSC, President, Apex Abilities, Surrey BC

## **Session Block 3: Monday May 1, 2023 1:15—2:45pm**

### **Session 3A: Plaza Ballroom (2nd Floor)**

#### **Understanding and Conducting Risk Assessments**

Assessing risk is an important approach to workplace safety. All employers are required to assess a variety of situations by both provincial and federal OHS legislation. This session covers when a risk assessment must be done and will give you an overview of the different methods to conduct risk assessments at work

Speaker: Brian Campbell, BC Fed Health & Safety Centre

### **Session 3B: Oxford Room (3rd Floor by Elevators)**

#### **Emergency Response Planning — Drills: Really? I'm an Adult**

What is an emergency? What are the emergencies you are likely to encounter in your workplace in this day and age; it is likely more than just medical and fire emergencies! Are you prepared for these emergencies (medical, fire, flood, weather, hostile (armed) individual on premises)? Do you have a plan? Has the plan been tested/rehearsed? This session will look at emergencies, planning and preparing for the worst while still hoping for the best. Today you are you! That is truer than true. There is no one alive who is you-er than you!

Speaker: Steve Wallace CRSP (NP), Saskatchewan

### **Session 3C: Georgia Ballroom (2nd Floor)**

#### **Safety Committees: Beauty or Beast**

Gone are the days when employers could treat safety committees as just a necessary evil, something in place just because it was required by regulation but not something useful in the grand scheme of things. And gone are the days when committees should just be going through the motions and doing the same things month after month without taking proactive steps to improve safety for the workers they represent. Recent changes to the Workers Compensation Act have increased the responsibility for safety committees to an unprecedented level, and at the same time have increased the reliance that employers must place on committees to improve

safety in the workplace. In this session we will review not only what these increased responsibilities are, but also what makes a safety committee great. Participants will take away valuable tools to energize meetings and make the important work done by committees proactive, and not just reactive.

Speaker: Cathy Cook, Safe Harbour Consulting, Langley BC

### **Session 3D: Regency Ballroom "D" (3rd floor)**

#### **Intro to Mental Health First Aid in the Workplace**

If I Sprain My Ankle, Chances Are You'll Know What To Do. If I Have A Panic Attack, Chances Are You Won't. Organizations across Canada are recognizing the tremendous cost in both human and financial terms of mental health issues in and out of the workplace. They are seeking to address and help those who may be facing mental health challenges by training designated in-house staff in Mental Health First Aid with the intention of providing initial support to someone who may be developing or experiencing a mental health issue. If a crisis does arise, a MHFA trained person can take appropriate steps that may help to reduce the harm that can result. This session provides an overview of mental health first aid and how your safety committee can get involved in implementing a similar program in their workplace.

Presenter: Laurie Lowes, Delta, BC. Canadian Mental Health Association certified MHFA trainer

## **Session Block 4: Monday May 1, 2023 3:15—4:30pm**

### **Session 4A: Plaza Ballroom (2nd Floor)**

#### **New & Young Worker Training & Orientation: Moving Beyond the Checklist**

Did you know that nearly one-third of time loss injuries are suffered by workers with less than one year of service? Or that more than half of all serious injuries occur during the first six months of employment? Providing effective new and young worker training is key to reducing workplace injuries, increasing productivity and ensuring worker participation in your health and safety program. This session will explore: Training vs Orientation – what are the differences, what should be included, and how you can make them more effective.

Speaker: Robin Schooley, OHS Consultant, Young & New Worker Program, WorkSafeBC

### **Session 4B: Regency Ballroom "D" (3rd floor)**

#### **Systems-Thinking – A Novel Approach to Safety Management**

To understand and improve the way our organizations work, we need to start thinking "systems". If we are ever to reduce risk, achieve zero fatalities, and zero disabling incidents, the safety community as a whole need to move to systems thinking. While it may seem like a novel idea, systems thinking is just about thinking more deeply about your organization and considering the interactions between all the parts of the system (human, legal, technical, information, economic and organizational) in light of organization's goals. In this session we will describe the interactions in the systems and failures that often result in workplace incidents and provide a framework for safety practitioners to start the "systems thinking" conversation at your workplace

Speaker: Glyn Jones, M.A.Sc, P.Eng, CIH, CRSP, Partner, EHS Partnerships Ltd.

### **Session 4C: Oxford Room (3rd Floor by Elevators)**

#### **The Truth Behind Our Ill Fitting PPE: An issue of Safety, Health and a Strong Workforce**

We know the importance of wearing personal protective equipment (PPE) on the job, but when it comes to equipping your female employees there's an elephant in the room that shouldn't be ignored. To ensure a safer, healthier, stronger Canadian labour force it's important to consider why sizing of PPE is based on male standards and look at how that impacts your female team members and the strength of your organization. Are you measuring up? In this eye-opening session engineer-turned-advocate Jodi Huettner shares insights gleaned from a 10-year-long study of women's PPE in the workplace, why it doesn't work, and how your organization can benefit from changing your standards.

Whether you are a woman or an ally in the field, a foreman/woman, an H&S professional, a JOSH team member, or an executive who cares about your employees, this session will arm you with tools to do better for your female team members, and ultimately improve workplace safety, health and performance across the board.

Speaker: Jodi Huettner, President and CEO Helga Wear Inc, Vancouver BC

### **Session 4D: Georgia Ballroom (2nd Floor)**

#### **Tiptoeing Through Pandemics, Fires, and Floods: A Conversation about Stress, Fatigue and Resilience**

In the world of pandemics, fires, and floods, it's not unusual to feel like we're barely hanging on. The unending loop between stress and fatigue is not an easy one to jump off. This session will address the relationship between these two as they battle for our attention, with an emphasis on what matters most to prevent us from spiraling out of control.

Speaker: Mike Harnett, President, Solaris Fatigue Management